

# Skitouring in Elbrus region



## Level of proficiency

good physical and skiing preparation

**from 1 215 Euro**

The nearest date: **4 - 11 April 2026**

**8 days / 7 nights**

Other dates:

**18 - 25 April 2026**

## Tour manager



### Yanchenko Viktor

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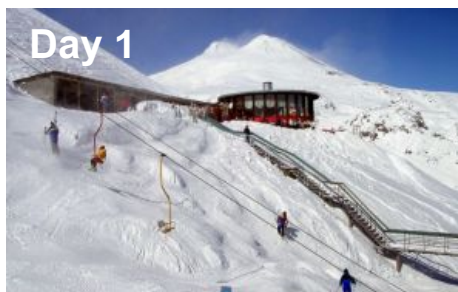
E-mail: **director@elbrus-team.ru**

Skype: **director.elbrus-team.ru**

During prolonged expeditions (2 to 5 hours) using the ski touring equipment, you will appear in seldom visited areas with greater opportunities for off-piste skiing. You might make only one run on this day, but the emotional component of these routes is so high that some of you won't immediately be able to clearly answer the question: "Which is the most interesting one - climbing up, enjoying the serenity and unique landscapes or skiing down? While travelling you may feel the harmony of this day.

In the course of ascents and descents you will learn to understand the mountains better and "read the terrain" while interacting with our guides. You'll be taught how to plot the safest route of ascent and descent and study the avalanche safety.

## Itinerary



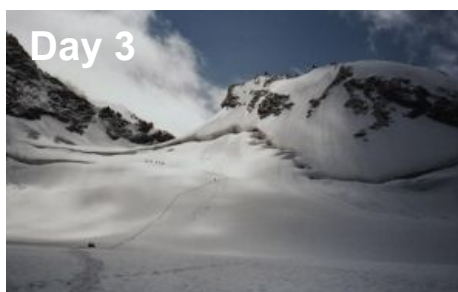
## Day 1

Arrival to Mineralnye Vody airport, meeting our representative, transfer to Terskol, Elbrus region (3-3,5 hours). Hotel accommodation. Briefing with the guide on personal equipment, discussing the program, preparing for outing to Cheget.



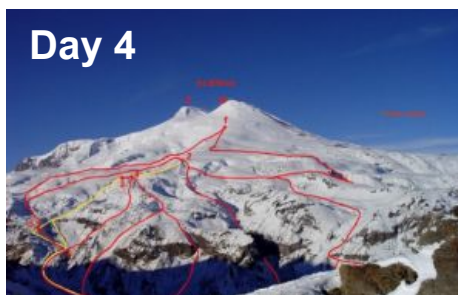
## Day 2

Ascent to Cheget Peak (3460m). Going up on two lines of chairlift to the altitude 3000m (30 minutes). Acclimatization outing to the shoulder of Cheget (3460 m), elevation 1470 m, up to 1-2 hours. On the top there is a good platform viewing the Elbrus, the Main Caucasus Range. The path is going through the rocky ridge. Snack, lunch package and descent by snowy southern slopes of Cheget. The outing takes you 3-5 hours. Return to the hotel. Discussing the program for the next day. Preparing personal equipment, getting ready for outing to the Green hotel in Adyl-Su Gorge.



## Day 3

Acclimatization hike to Adyl-Su Gorge followed by an ascent near the Gumachi False Pass (3576 m). Back to the hotel. Lunch package. From the mountaineering camp Dzhantugan we go past the shelter Adylsu MO (2200 m) to the shelter Green Hotel (2400 m). Here, we take a little rest and then via the moraine on the right we exit to the glacier Dzhankuat. Further we go up along the right side of the glacier, we reach its center, go under the slopes of the Aristov Rocks (a closed glacier, so we move in groups), and before reaching the foot of the mountain pass we start ascending on the right steep snow slope that leads to the pass (the pass is the border and it is forbidden to transgress). We make a stop here, relax and climb down. In good weather it offers a beautiful view of Mount Elbrus and crater of East Summit is clearly visible. 3 to 4 hours from the Green Hotel. The descent is via the ascent route. Back to the hotel.



## Day 4

Ascend by shuttle ropeway up to Mir station. Azau (2300 m) - Staryi Krugozor (3000 m) - Mir (3500 m) - Garabashi (3850 m). Ski-touring to the rocks of Pastukhov (4600 m) and descend via the ascent route down to Azau (2200 m). Vertical descent is 2300 m. Back to the hotel. Discussing the program for the next day. Preparing personal equipment.



## Day 5

Ski-touring to Chiper-Azau Pass (3264 m). Vertical descent is 964 m. The route passes through a narrow canyon river Azau along vertical cliffs with horizontal and vertical projection of faceted basalts that have appeared in the course of the volcanic activity of Mount Elbrus. Descend via the ascent route. Back to the hotel.



Ski-touring to Shkheldinsk Gorge up to a height of 2800 m to the Shkheldinsk bend. Here we are at the foot of a beautiful mountain Shkhelda and there is a splendid view of the peak Shchurovski and the World-famous Ushba Summit (regrettably only the North Peak is visible). After a rest and photo shooting, descent to AUSB Shkhelda 1900m. Vertical descent is 900 m. Transfer back to the hotel.



Ski-touring to small Kogutai (3732 m). Vertical descent is 1632 m. It happens under the conditions of good weather and stable snow cover, as the first half of the route runs along the steep couloirs. Attention, avalanche prone area! Descent to Cheget glade via the ascent route. Return to the hotel.



Hotel breakfast, transfer to the airport of Mineralnye Vody. 3-3,5 hours. Flight home.

## Accommodation/hotels:

We deal with the hotels "Ozon"\*\*\*, "Povorot"\*\*\*, "Chiran"\*\*. These are the modern comfortable hotels with all the necessary structure, cozy rooms (double room), polite and respectful staff.

## Route

Mineralnye Vody – Elbrus region – Mineralnye Vody

## Price includes

English-speaking guide

All transfers according to the program (Mineralnye Vody airport – hotel – airport, transfers to Adylsu valley, transfers in the region). Minibuses or sedans according to the group size.

Hotel accommodation (7 nights)

Elbrus and Cheget cable-way (chair lift) return tickets according to the program

Full board in the Caucasus (2 meals a day in hotel restaurants), pocket lunch while trekking and climbing

Local and state tourist taxes

Passports registration

Border area pass

Visa invitation

## Price does not include

Single accommodation extra fee

Additional food and drinks

Additional transfers and cable-way tickets

Equipment rental

Domestic and international air fare  
Insurance

## **Documents required**

International passport, migration card (given while crossing the Russian border), visa stamp.

## **Additional information**

The guide always has a radio-set and a satellite phone on any outing. This set allows you to get in touch anywhere at any time.

Mobile communication ends in Hurzuk settlement. You can use satellite communication for an additional fee. The hotels have Wi-Fi internet access.

## **Safety**

This programme is an active kind of sport in the mountains potentially dangerous for life and health for all the participants of this program. Our guides will provide the necessary level of safety in case you follow the Safety Instruction. The guide has a radio, GPS, a mobile telephone, all necessary group equipment.

Decision of stopping the programme when the weather and snow conditions impose a threat to lives of the participants is in exclusive competency of the guide accompanying the group on the route and can not be discussed. The guide is responsible for providing safety on all kinds of mountain relief.

All guests should have medical insurance in case of incidents or immediate illness which can cover medical and other expenses in emergency.

## **Transport**

For transfer we use comfortable sedans (depending on the group size) or minibuses (for 10-15 people) like Mercedes, Volkswagen or Ford. Transfer "airport – hotel – airport" is a group transfer and it works once on the arrival day and once on the departure day. In case of necessity we can book an individual car for extra fee. We use the cableway skilift to come to the Barrels. You can book a snowcat to reach the Pastukhov's rocks.

## **Food**

Full board in the Caucasus is 2 meals a day in hotel restaurants. Pocket lunch while touring and climbing. If you have food restrictions (for example you are a vegetarian), you should warn us beforehand. We'll try our best to make you feel comfortable.

## **Weather**

In summer the temperature in the Valley varies from 20 to 30 degrees. It can be from +15 to -5 on the mountain at an altitude of 3500 m, and from +10 to -15 on the top depending on the weather. In bad weather conditions we try not to venture out.

In winter it can be up to -20 in the valley, but this is rare, usually -5 to 10 degrees. On the mountain, the temperature can drop up to -40 at an altitude of 5000 m.

## **Payment conditions**

Please meet our rules of payment conditions.

To provide a successful and safe realization of the program we undertake definite efforts and preparation which require expenses.

Down payment when booking is 250 EURO. In case you cancel the trip it is not refundable.

Full payment should be done not later than 20 days prior to the beginning of the program. Unless full payment is made we consider the trip cancelled in this term and quit the booking.

Please, be aware that the first payment is not refunded in this case.

You can pay in cash in our offices in Moscow and Terskol and make a bank money transfer.

## **Medicine**

During the trips the guide has the first aid kit. It is possible to contact the Rescue service in any place. It is necessary for you to have individual medicines.

## **Extra costs**

Moscow - Mineralnye Vody - Moscow flight, international flights.

In case of an early descent from the high-altitude shelter before the period stipulated in the program, hotel accommodation.

Money paid for shelters, booked in advance in accordance with the tour program is not refunded. We earnestly hope that you understand these conditions well. In peak season, seats in the shelters are not adequate for all guests, so we book the seats in advance considering the required number of reserve days.

Local souvenirs.

Self-catering in the valley (the average price for lunch/supper starts from 8 EURO per head). In the valley, there are many cafes and restaurants, mostly of Caucasian cuisine.

Excursion ticket by chair lift to Cheget costs 13 EURO per head and by shuttle ropeway to Azau costs 23 EURO per head.