

Mount Elbrus Climb. Short classic weekend climb



Level of proficiency

good physical training, mountaineering preparation is desirable, you will obtain necessary mountaineering knowledge and habits during the acclimatizing outputs

from 975 Euro

The nearest date: **23 - 26 May**

4 days / 3 nights

Other dates:

16 - 19 May

30 May - 2 June

6 - 9 June

13 - 16 June

20 - 23 June

27 - 30 June

4 - 7 July

11 - 14 July

18 - 21 July

25 - 28 July

1 - 4 August

8 - 11 August

15 - 18 August

22 - 25 August

29 August - 1 September

5 - 8 September

19 - 22 September

26 - 29 September

3 - 6 October

10 - 13 October

17 - 20 October

1 - 4 May 2026

8 - 11 May 2026

Tour manager



Yanchenko Viktor

Telephone number: **+7(495) 229-50-70 доб.105**

Mobile: **8 (928) 225-4623**

E-mail: **director@elbrus-team.ru**

Skype: **director.elbrus-team.ru**

The short program of climbing takes 4 days and it's recommended for physically fit and acclimatized climbers. Our guides perfectly know all features of the southern route to Elbrus. The route is defined as 2A level of difficulty and quite easy for climbing technically. Although it requires the use of special climbing equipment like crampons and an ice ax. You will receive all the skills after practicing snow and ice movement technique.

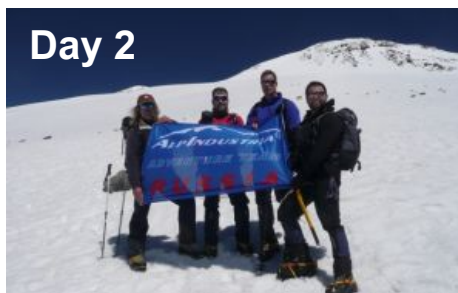
Technically simple ascent to Elbrus from the South makes it possible to see the entire Caucasus from a height. The changing panorama, as one climbs up, leaves an everlasting impression. Especially the ascent made at dawn is memorable, when a huge shadow of Mount Elbrus rises over the horizon in the west under the rays of the rising sun.

Itinerary



Day 1

Flight to Mineralny Vody. Meeting at the airport by our representative. Transfer to Terskol, Elbrus region (4 hours). Accommodation at the hotel. Briefing with the guide on personal equipment, preparing for outing to Azau.



Day 2

Azau station – Diesel Hut (4055 m). Ascent by shuttle ropeway up to Mir station, and then by chair lift to Garabashi station. Azau (2200 m) – Staryi Krugozor (2950 m) – Mir (3500 m) – Garabashi (3840 m). Acclimatization trip to Diesel Hat (4050 m), climbing up along a snowy plateau with moderate rise (8 to 10 degrees) for about 1 to 1.5 hours, a little rest in the area of Diesel Hat, packed lunch and descend down to the high-altitude shelter (20 to 30 minutes). Discussing the climb strategy to Mt. Elbrus, viewing and selecting personal equipment, preparing for the ascent. Overnight stay in the high-altitude shelter (3830 m).



Day 3

Ascent of Mt. Elbrus (Western, 5642m). First possible summit ascent. An early start (at 3 o'clock). If you take a snowcat to the Rocks, you can start later, at 4-5 a.m. The climb will take you 12-16 hours with the way down to the Barrels. Moving on skis or crampons, depending on the snow condition. If there is a lot of snow, you can go up to the saddle by skis; if it is not possible, you can leave them in the end of the ridge or at the Pastukhov's rocks. The track to top is marked by landmarks, but it is advisable to go on climbing only in good weather. There are lots of closed crevasses on the glacier, and you should keep the path. You should go only using crampons. In May and November the slope to the saddle can have a long part of pure ice. In this case the route is possible only for well-prepared sportsmen. The way down is especially dangerous (3,5 km at a steepness 30) They say, you can see both the Caspian and the Black seas in the ideal weather from the top. Overnight at the mountain hut.



Day 4

Descent to the Azau. Transfer to Mineralny Vody. Handing in certificates on climbing to Mt. Elbrus and Elbrus T-shirts.

Accommodation/hotels:

We deal with the hotels "Ozon"***, "Povorot"***, "Chiran"**. These are the modern comfortable hotels with all the necessary structure, cozy rooms (double room), polite and respectful staff. At the mountain hut (3840m) accommodation conditions are modest. There is sleeping area and a kitchen (dining rooms), an outdoor toilet. Beds with mattresses and pillows, tables, electric heaters are on your availability. Temperature: +18 C, it is colder near the floor (+5 C), sleeping bags are recommended.

Itinerary

The description of the route of an ascent Mt. Elbrus Western 2a category of complexity.

1. Barrels (3780 m) to Shelter (4050 m) route takes 1.5 hours. Move along the snow-and-ice fields. There can be cracks in the area of the plateau before the ascent to Shelter 11. Be careful!
2. Shelter (4050 m) to Pastukhov Rocks (4600 m) route takes about 2 to 3 hours. The rise trails between two rocky ridges (4300 m), further it's a snow-and-ice rise (15 to 20 degrees, 50 m) with an exit to the plateau under Pastukhov rocks. The climb to the "Pastukhov Rocks" is along the closed glacier (20°). There are no cracks here. There exists an approach along the plateau under the bottom stones of Pastukhov Rocks (5 degrees, a rock-fall is not ruled out in a summer afternoon). Then climb to the top of Pastukhov rocks through the snow-and-ice slope of 15 to 20° steep.
3. Pastukhov Rocks (4600 m) to Slanting Shelf (5000 m) route takes about 1 to 1.5 hours. The snow-and-ice rise of 500 to 600 m has a slope of 15 to 20°. The ascent is straight up, avoiding the bends of ice (but you should not go far to the left, not to fall under the faults on the southern cirque glacier) and by turning to the left, we go out to Slanting Shelf (5000 m).
4. Slanting shelf (5000 m) to Motorcycle couloir (5340 m) route takes about 2 to 2.5 hours. It is rather a flat traverse with a smooth climb. The steepness of slope on the inclined traverse is 15°, and in some places, up to 25°.
5. Motorcycle couloir (5340 m) to Saddle (5350 m) route takes about 20 to 30 min. Take a detour around the foot of the eastern peak (400 to 500 m) below. On this site, you can sense the smell of sulfur dioxide emitted from fumaroles on the southern slope. In case of an adverse wind, it poses a serious hurdle to the hikers. Traverse to get to the saddle, and move cautiously on the trails, as there can be cracks. On the left, under the slopes of the western summit, at the beginning of snow trough there is the structure of an old ruined hut, and in front of it at the top of the eastern summit, a new hut has been built, designed solely for rescuing persons caught up in inclement, extreme weather conditions during the ascent (construction of the hut was completed in August 2010).
6. Saddle (5350 m) to the point of entry into the summit plateau (5550 m) route takes about 1 to 1.5 hours. At 50m from the hut, turn right and along the fairly steep snow slope (30 to 35°), climb up to the rocky ridge. There may be an ice patch before the ridge. At this point, there can be movement on the railing.
7. Summit plateau (5550 m) to the top of West Elbrus (5642 m). Start here to climb up and left on the summit plateau. Through a 400-meter flat area, we reach a low dome of the top (40 minutes to 1 hour).
8. The western peak of Mount Elbrus is a small, snow and ice rise of 15° steep with a stone pedestal at the top.
9. Descend via the ascent route.

Attention! In case of weather getting rough, it becomes difficult to focus on long and smooth slopes of the Elbrus! When lenticular (lens-shaped) clouds appear above the top or cloudiness over Ushba and Donguz-Orun, it is necessary to either postpone or cancel the hiking. The time period from the first signs of bad weather to complete loss of visibility may take up to 3 hours.

Route

Mineralnye Vody airport – Terskol (2200 m) – Hotel – Barrels Shelter (3700 m) – Western Elbrus (5642 m) – Barrels Shelter (3700 m) – Terskol (2200 m) – Hotel – Mineralnye Vody airport

Price includes

Alpindustria guides for all the program

Transport. All transfers according to the program (Minvody airport – hotel – airport, transfers in the region)

Accommodation. Single hotel rooms (1 night HB)

The mountain hut (3840 m) accommodation on Elbrus (2 nights FB)

An english-speaking guide

Elbrus cableway return tickets according to the program

Food. Full board in the Caucasus (2 meals a day in hotel restaurants). Lunch in cafes. Pocket lunch while touring and climbing.

Certificates on Elbrus expedition.

Cook service on Elbrus.

Rental kitchen equipment.

Tickets for cableway during the program.

Local and state tourist taxes:

- Passport registration;
- Border area Pass;
- Visa invitation.

Price does not include

Single accommodation

Additional food and drinks

Additional transfers and cableway tickets (not included in the program)

Equipment rental

Snowcat for climbing to the Pastukhov's Rocks (600 euro per snowcat)

Snowcat for climbing to 5000 m (1000 euro per snowcat)

Extra night in Elbrus hotel if coming from Elbrus earlier than it was planned.

Not included:

Domestic and international air fare. Insurance.

Important:

Only ONE attempt of climbing Elbrus is included.

Documents required

International passport, migration card, visa (for foreign citizens).

Safety

Climbing Mt.Elbrus is an active kind of sport in the mountains potentially dangerous for life and health for all the participants of this program. Our guides will provide the necessary level of safety in case you follow the Safety Instruction. The guide has a radio, GPS, a mobile telephone, all necessary group equipment.

Decision of stopping the programme when the weather and snow conditions impose a threat to lives of the participants is in exclusive competency of the guide accompanying the group on the route and can not be discussed. The guide is responsible for providing safety on all kinds of mountain relief.

All guests should have medical insurance in case of incidents or immediate illness which can cover medical and other expenses in emergency.

Additional information

We cannot but mention that in wintertime the Elbrus slopes above the Pastukhov Rocks usually look like a huge icy field more than 500 m long. That is why moving along the ice surface requires definite alpine experience. That is why we recommend to the tourists who would like to climb the Elbrus in winter to have at least tourist or alpine training and experience in moving along an ice relief using crampons, you should have a rope and ice-screws with you and have some practice in using them. You should understand well what you are doing.

It often happens that people come to climb Elbrus in winter without required preparation. In this case we strongly recommend you to hire a professional individual guide while climbing Elbrus in a company which can be trusted (Alpindustria) and which will take care of your safety during the climb.

Medicine

During the trips the guide has the first aid kit. It is possible to contact the Rescue service in any place. It is necessary for you to have individual medicines.

Weather

Temperature in the Valley varies from 20 to 30 degrees. It can be from +15 to -5 on the mountain at an altitude of 3500 m, and from +10 to -15 on the top depending on the weather. In bad weather conditions we try not to venture out. In winter it can be up to -20 in the valley, but this is rare, usually -5 to 10 degrees. On the mountain, the temperature can drop up to -40 at an altitude of 5000 m.

Transport

For transfer we use comfortable sedans (depending on the group size) or minibuses (for 10-15 people) like Mercedes, Volkswagen or Ford. Transfer "airport – hotel – airport" is a group transfer and it works once on the arrival day and once on the departure day. In case of necessity we can book an individual car for extra fee. We use the cableway skilift to come to the Barrels. You can book a snowcat to reach the Pastukhov's rocks.

Meals

Full board in the Caucasus is 2 meals a day in hotel restaurants. Pocket lunch while touring and climbing.

We offer you complete and balanced meals useful for people exercising up in the mountains. They include vegetables, meat, fish, bread, cereals, tea, coffee and milk.

If you have food restrictions (for example you are a vegetarian), you should warn us beforehand. We'll try our best to make you feel comfortable.

Extra costs

Moscow – Mineralnye Vody – Moscow flight, international flights.

In case of an early descent from the high-altitude shelter before the period stipulated in the program, hotel accommodation.

Money paid for shelters, booked in advance in accordance with the tour program is not refunded. We earnestly hope that you understand these conditions well. In peak season, seats in the shelters are not adequate for all guests, so we book the seats in advance considering the required number of reserve days.

Local souvenirs.

Self-catering in the valley (the average price for lunch/supper starts from 300 rubles per head). In the valley, there are many cafes and restaurants, mostly of Caucasian cuisine.

Climbing by a snowcat on the day of ascent costs 600 euros per snowcat (a group of up to 10 persons).

Excursion ticket by chairlift to Cheget costs 450 rubles per person and by shuttle ropeway to Azau costs 750 rubles per person.